RYAN D. HURD

Philadelphia, PA

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PROFESSIONAL PROFILE

- Current: Independent scholar; Visiting Professor at University for Peace, Costa Rica.
- Author of several books on dreaming and consciousness studies
- Founder of public education website *DreamStudies.org* and *Dream Studies Press*

EDUCATION

M.A. Consciousness Studies, John F. Kennedy Univ., Pleasant Hill, CA. 2008

Certificate of Dream Studies, John F. Kennedy Univ., Pleasant Hill, CA. 2007

B.A. Anthropology/Archaeology, University of Georgia, Athens, GA. 1998

ACADEMIC TEACHING EXPERIENCE

2022 - current

ISPE-6001 Bridging paradigms: The role of dreams and dreaming. Graduate studies: Department of Peace and Conflict Studies, University of Peace, Costa Rica.

2018 - 2020

CNS 5212: Psychology of dreams, Summer 2020. School of Psychology and Social Sciences, National University.

2016 - 2017

CNS 5031: Consciousness of sleep and dreams. Fall 2017. Graduate School, John F. Kennedy University.

CONGREGATIONAL LEADERSHIP

2018 – 2022 Director of Spiritual Development, Unitarian Society of Germantown, Philadelphia, PA.

PUBLICATIONS

Peer Reviewed journal articles

Hurd, R., Sparrow, G., Yih-Jiun Shen, Kim Phetteplace (currently in revision). A proposed methodology for online asynchronous therapeutic dreamwork. *International Journal of Dream Research*.

Sparrow, G., and Hurd, R. (2024). The antecedents of the experience of light in dreams. *Religions*. 15(10), 1228

Sparrow, G., Hurd, R., Carlson, R., & Molina, A. (2018). Exploring the effects of galantamine paired with meditation and dream reliving on recalled dreams: Toward an integrated protocol for lucid dream induction and nightmare resolution. *Consciousness and Cognition,* 63, 74-88.

Hurd, R., Sparrow, G.S., Carlson, R. (2016). Assessing the perceived differences in post-Galantamine lucid dreams vs. non-Galantamine lucid dreams, *International Journal of Dream Research*, 9(1): 71-74.

Hurd, R. (2010). Integral archaeology: Process methodologies for exploring prehistoric rock art on Ometepe Island, Nicaragua. *Journal for the Anthropology of Consciousness*, March 22(1): 72-94.

Books

Hurd., R. (2022). *Lucid talisman: Forgotten lore.* Philadelphia: Dream Studies Press.

Hurd, R. (2020/ 2011). *Sleep paralysis: A guide to hypnagogic visions and visitors of the night, 2nd edition*. San Mateo: Enlightened Hyena Press.

Hurd, R. and K. Bulkeley, Eds. (2014). *Lucid dreaming: New perspectives on consciousness in sleep*. Santa Barbara: Praeger.

Peer reviewed book chapters (some of them)

(2023) “Break in the reef of time: An indigenous science approach to the Olowalu petroglyphs on Maui,” with Apela Colorado. In Jack Hunter and Rachel Ironside’s (Eds). *Folklore, people and places: International perspectives on tourism and tradition in storied places*. London: Routledge.

(2019) “Dreams: Internet and social media.” In Robert Hoss, Katja Valli, and Robert Gongloff (Eds), *Dreams: Understanding Biology, Psychology and Culture.* Santa Barbara: ABC-CLIO.

(2018) “To Re-Enact Is to Remember: Envisioning a Shamanic Research Protocol in Archaeology,” with Apela Colorado. In Dragoş Gheorghiu, George Nash, Herman Bender, and Emília Pásztor’s *Lands of the shamans: Archaeology, cosmology & landscape*. Oxford: Oxbow Books.

(2017) Prayer and resonance in Paleolithic painted caves of Southern France: An indigenous science approach, with Apela Colorado and Matthew Tucker. In Linda Eneix’s (Ed.) *Archaeoacoustics III: The archaeology of sound. Publication of the 2017 conference in Portugal*, pp. 23-32. OTS Foundation.

(2016) “Weirdness in the night: Terror and disorders in children’s sleep.” In Clare Johnson and Jean Campbell (Eds), *Sleep monsters and superheroes: Empowering children through creative dreamplay* (pp. 155-174). Santa Barbara: Praeger.

(2016) “Towards an evolutionary psychology of out-of-body experiences.” In Alexander De Foe (Ed), *Consciousness beyond the body: Evidence and reflections* (pp. 62-69). Melbourne: Melbourne Center for Exceptional Human Potential.

(2016) “Barometers of the anomalous? Dreams and transpersonal archaeology.” In Mark Schroll (Ed), *Transpersonal ecosophy, Volume 1: Theories, methods and clinical assessments* (pp. 441-448). Llanrhaeadr-ym-Mochnant, U.K.: Psychoid Books.

(2015) “Out-of-body experiences,” “Paranormal dreams” and “Doppelganger.” Matt Cardin (Ed), *Ghosts, spirits and psychics: The paranormal from alchemy to zombies*. Santa Barbara: ABC-CLIO.

(2012). “Isolated sleep paralysis,” “Lucid nightmares,” and “Incubus and succubus.” Entries in Deirdre Barrett and Patrick McNamara (Eds), *Encyclopedia of sleep and dreams: The evolution, function, nature, and mysteries of slumber*. Santa Barbara: Greenwood.

SERVICE & AFFILIATIONS

Member of International Association for the Study of Dreams

Member of LREDA, Liberal Religious Educators Association

Member of Society for the Anthropology of Consciousness

Board of Advisors, Rhine Research Center (2016 - 2018)

Board of Directors, International Association for the Study of Dreams (2010-2016)